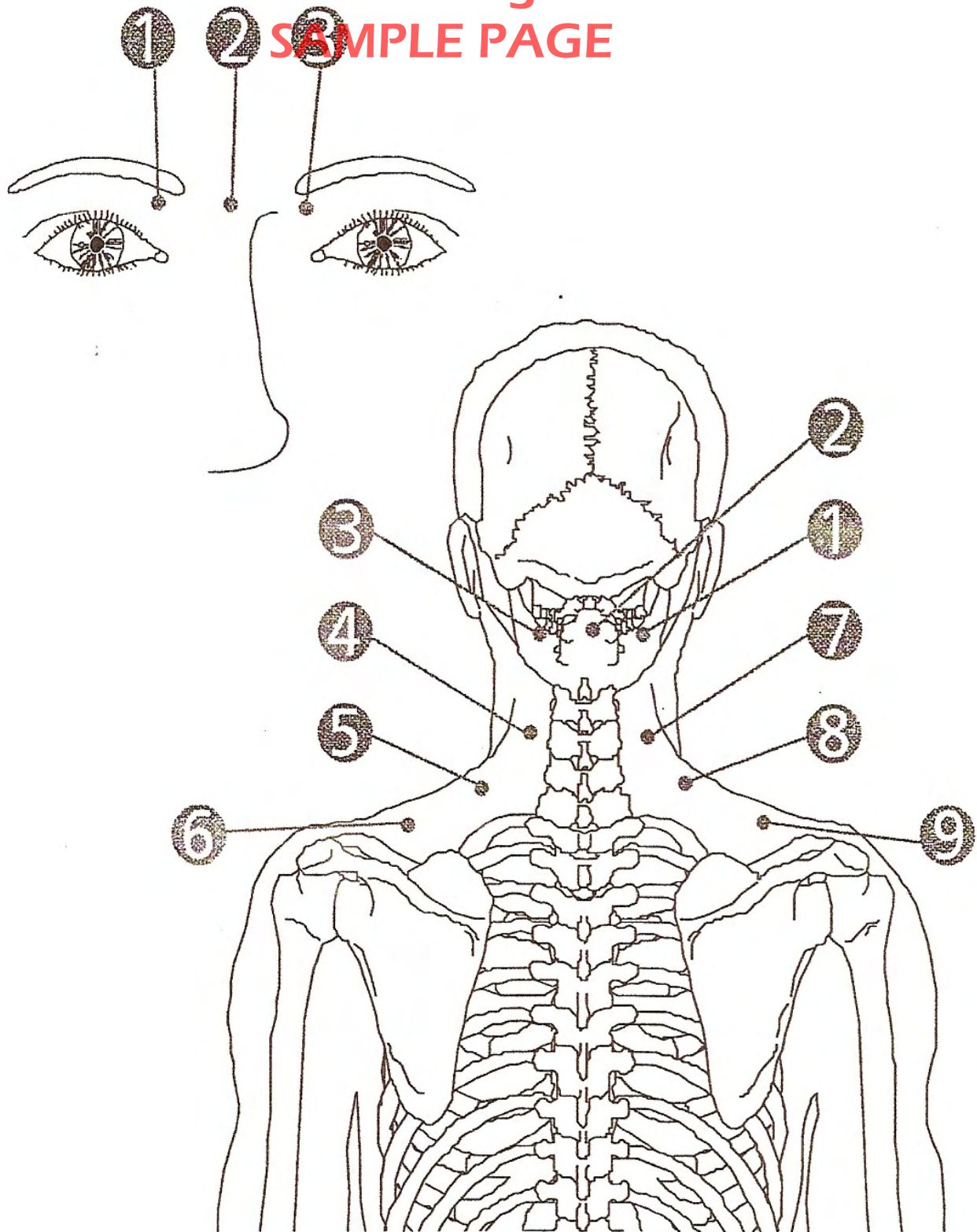
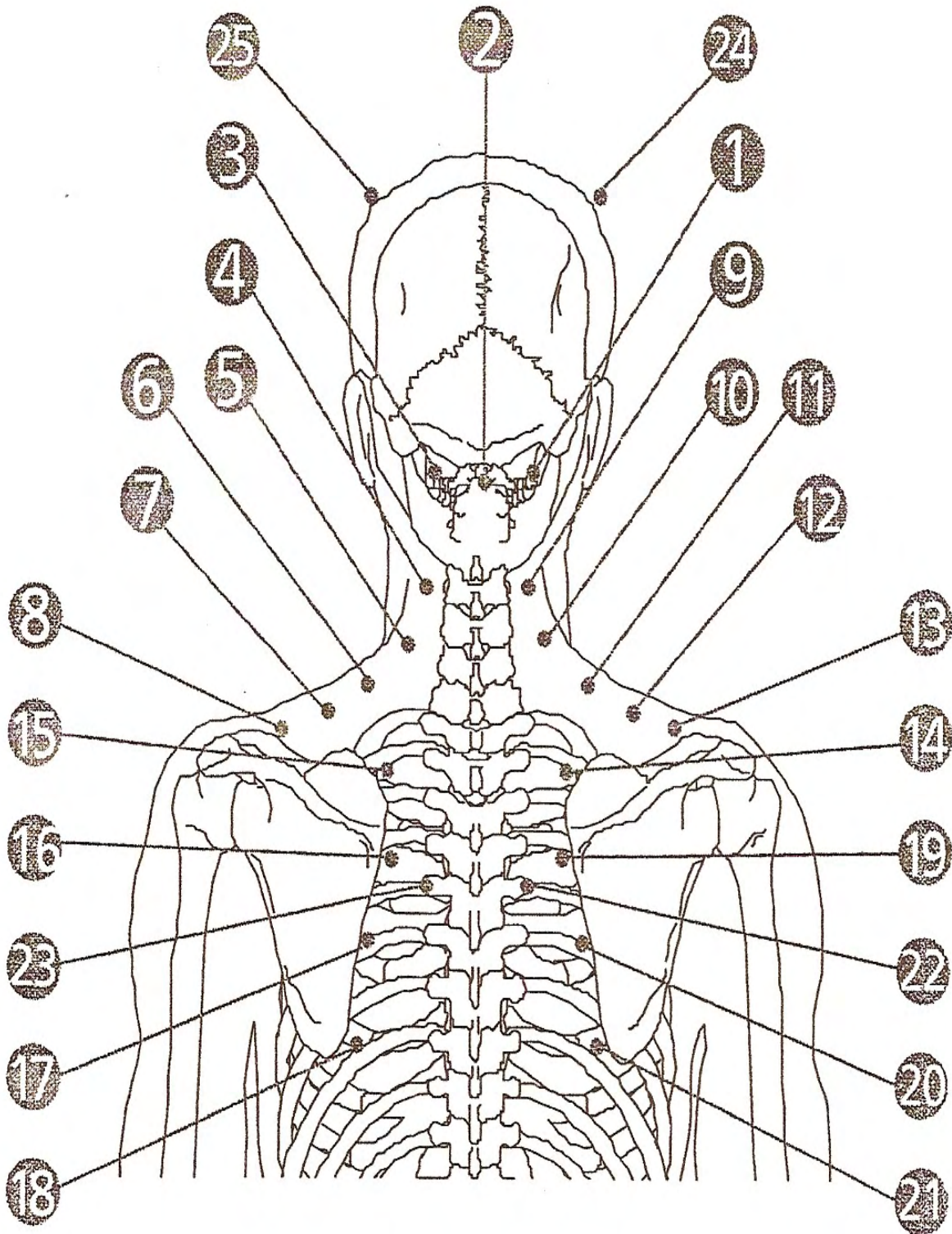




Pain Relief Points

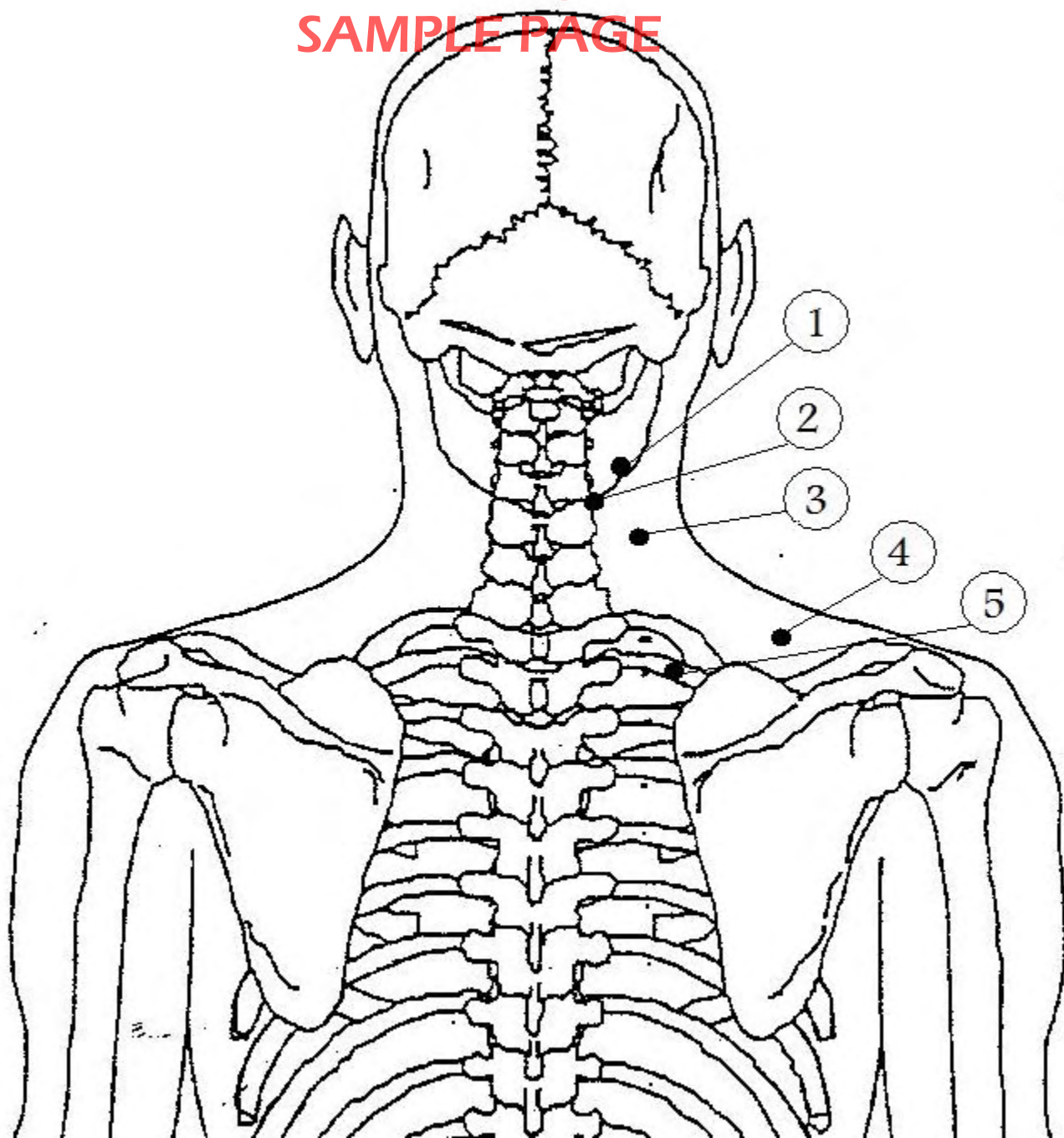


1. Pain Points for common Headache

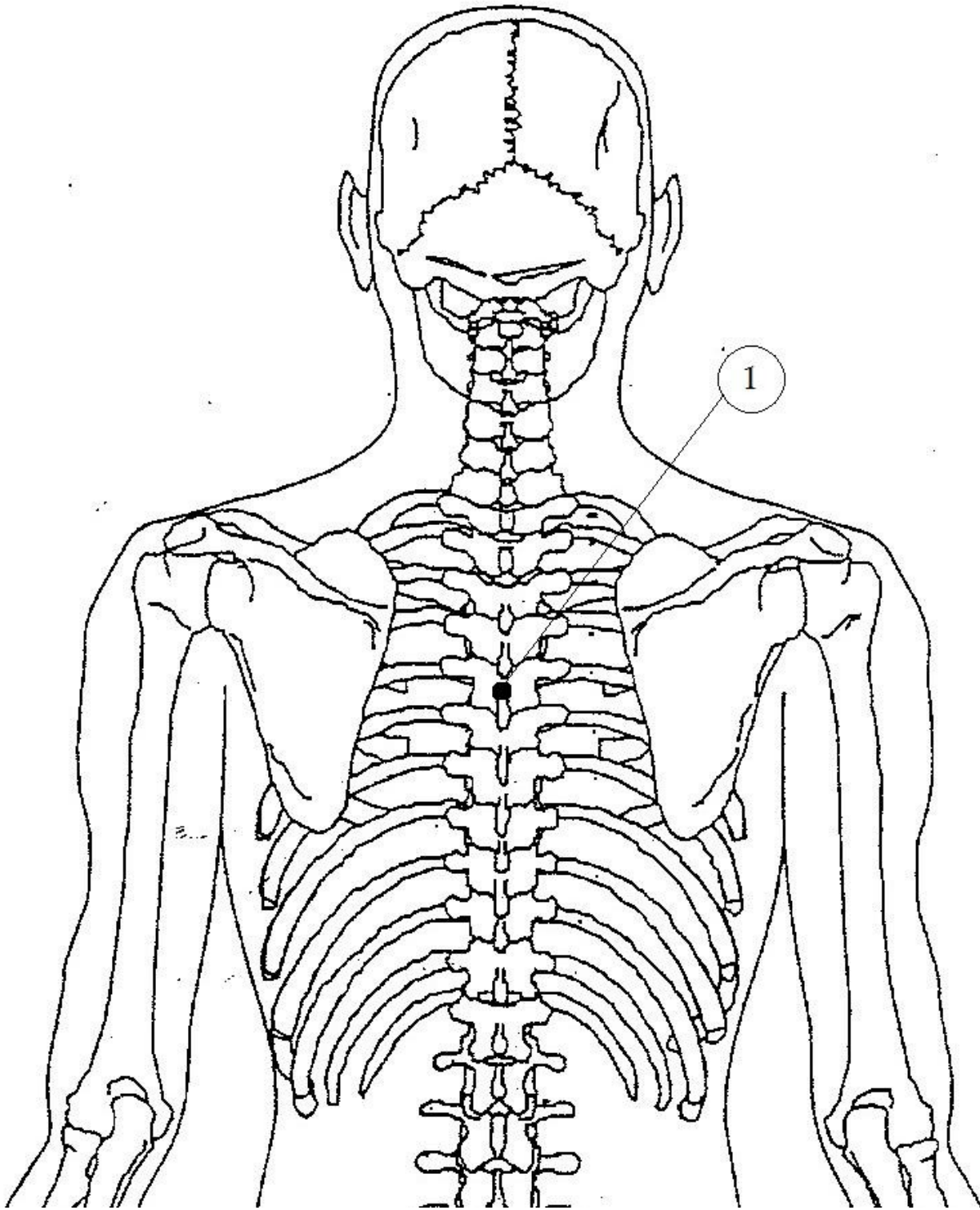


2. Points to relax

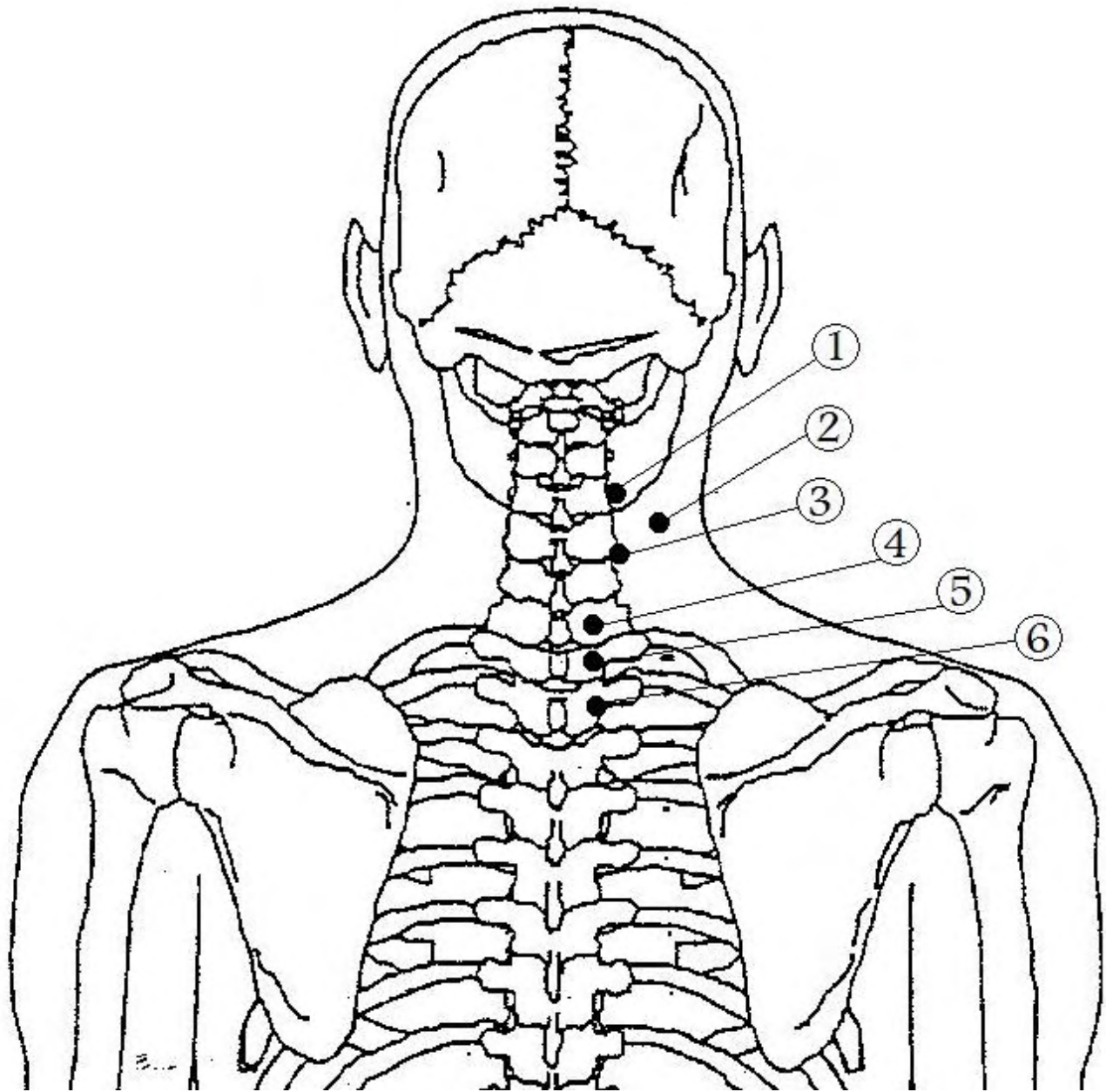
stress



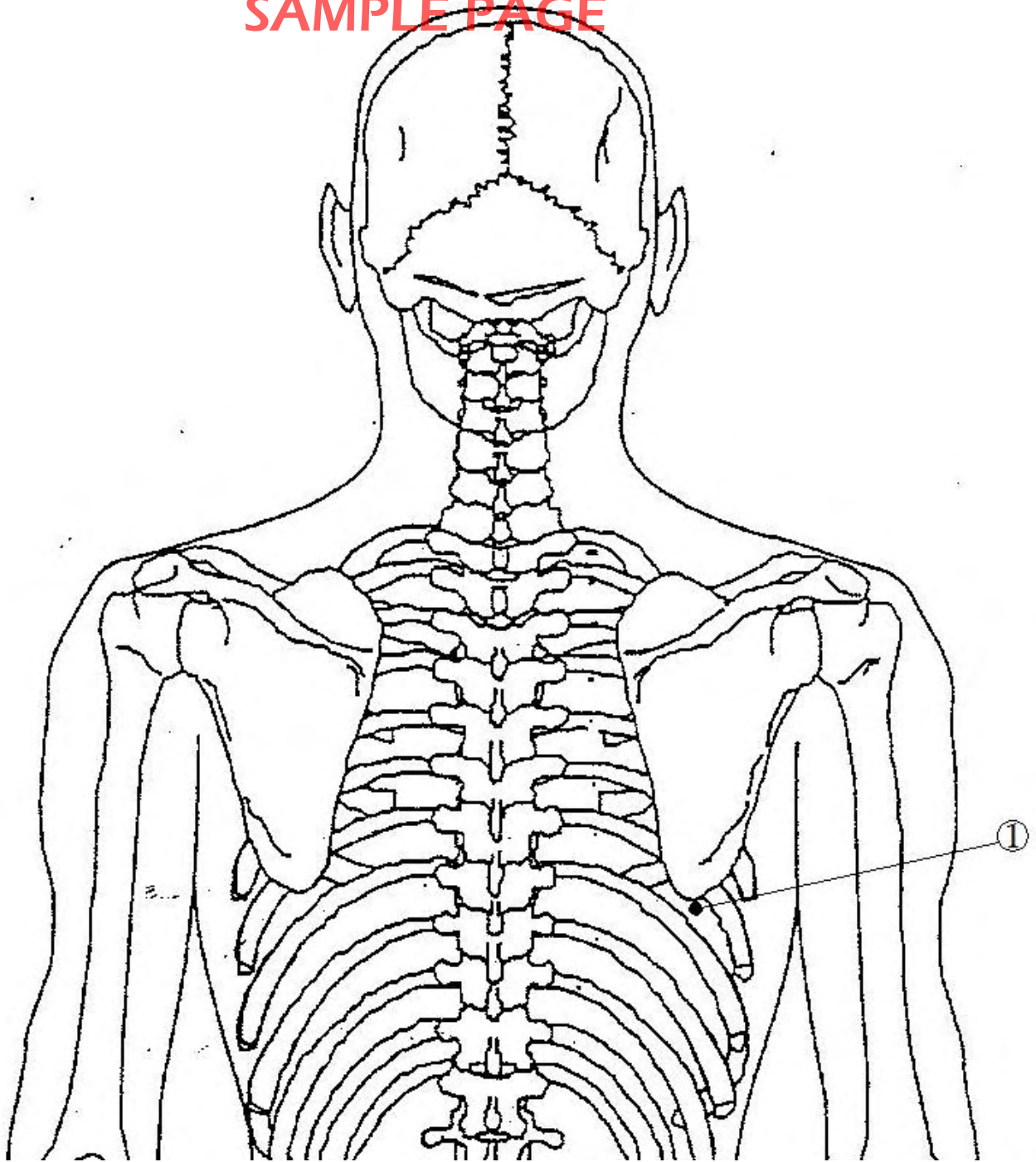
Points for stiff neck in the morning



Pain in the neck when bending head forward



Stiff Neck



Points for a tight upper shoulder